MENTAL HEALTH (MENHLTH)

Mental Health (MENHLTH) 223

Intro To Addictions Studies

Includes treatment strategies, perspectives and understanding of the addiction process and its effects upon the individual, the family, employers, and society. Writing assignments, as appropriate to the discipline, are part of the course.

3 Lecture hours. 3 Credit Hours.

Offered At: HW, KK, OH, WR

Mental Health (MENHLTH) 224

Principles and Practices of Addiction Studies

Basic clinical skills in alcoholism and substance abuse field; strategies in working with denial and resistance; diagnostic and assessment skills; history-taking; individual, family and group treatment modalities utilized with the alcoholic and/or substance abuser; termination process; aftercare and referral process. Writing assignments, as appropriate to the discipline, are part of the course.

Grade of C or better in MENHLTH 223, or Consent of Department Chairperson.

3 Lecture hours. 3 Credit Hours. Offered At: HW, KK, WR

Mental Health (MENHLTH) 228 Principles of Mental Health Practices

Mental health, the settings in which mental health problems are treated, and common types of mental health problems; review of treatment strategies and methods of intervention. Writing assignments, as appropriate to the discipline, are part of the course.

Grade of C or better in ENGLISH 101, MENHLTH 223, 224, 230,231, or Consent of Department Chairperson.

3 Lecture hours. 3 Credit Hours. **Offered At:** KK

Mental Health (MENHLTH) 229 Practicum In Addictions Treatment

Practicum in Addictions Treatment

Students work 20 hours per week in a mental health setting in the community under supervision of mental health professionals and participate in a two-hour seminar once a week, relating field experiences to mental health theory. Writing assignments, as appropriate to the discipline, are part of the course.

Grade of C or better in MENHLTH 223, 224, 230, 231 or Consent of Department Chairperson. Must attend a mandatory orientation and prior acceptance of program and secure an approved practicum site before the first day of class. 20 Laboratory hours. 2 Lecture hours. 6 Credit Hours. Offered At: HW, KK, WR

Offered At: HW, KK, WR

Mental Health (MENHLTH) 230

Addictions & Family Treatment

Study of affects of alcoholism and substance abuse of the family; how spouse, children and extended family react to problematic drinking or drug abuse; examination of treatment including self-help groups. Writing assignments, as appropriate to the discipline, are part of the course. *Grade of C or better in (MENHLTH 223 and MENHLTH 224), or Consent of Department Chairperson.*

3 Lecture hours. 3 Credit Hours. Offered At: HW, KK, WR

Mental Health (MENHLTH) 231

Addictions Treatment of Special Populations

Application of needs of special treatment populations, diagnosis and treatment of adolescent and elderly clients, sexual issues; patient education, prevention strategies, spirituality, relapse prevention and employee assistance programming, AIDS and eating disorders. Writing assignments, as appropriate to the discipline, are part of the course. *Grade of C or better in (MENHLTH 223 and MENHLTH 224 and MENHLTH 230), or Consent of Department Chairperson.*

3 Lecture hours. 3 Credit Hours.

Offered At: HW, KK, WR

Mental Health (MENHLTH) 232 CADC Examination Review

Basic clinical skills in alcoholism and substance abuse; strategies in test taking, overview of core functions and competencies and overview and practice of State examination. Writing assignments, as appropriate to the discipline, are part of the course.

Grade of C or better in MENHLTH 230 and 231 or Consent of Department Chairperson.

3 Lecture hours. 3 Credit Hours. Offered At: KK